# Speak

# YOUTH EXCHANGE

1 PLACE 5 COUNTRIES 8 DAYS 38 PERSONS

∞ MEMORIES



### Project Speak up! is a youth exchange supported by Erasmus+ programme.

It was based on European social climate with ongoing increase of manifestations of intolerance, hatred, and abuse of Human, Children's and Civil Rights.

### Main objectives of project were:

- to increase the knowledge received in formal education regarding Rights, enable participants to acquire new skills and information,
- and link them with practice.
- to lead young people to promote Human, Children's and Civil Rights through methods of non-formal education
- to bring together young people of different cultures, and prevent intolerance and extremist behaviour
- to lead young people to think critically, to be initiative, to defend Human Rights and to become active citizens
- to focus the attention of young people to violation of Human Rights and to various forms of discrimination, racism, hatred manifestations
- to promote European cooperation in youth work
- to promote teamwork in problem solving
- to promote Erasmus+ programme and its possibilities



### PARTNERS



NOI, PRIETENII COPIILOR

Fundacja Europejskich Inicjatyw na Śląsku



### **GETTING TO KNOW EVERYONE**













# WORKSHOPS













# TRIPS AND VISITS



# CULTURAL FESTIVALS











### GAINED COMPETENCES & SKILLS

### **EXAMPLES FROM PARTICIPANT'S YOUTHPASS**

new games

teamwork share of one's culture

non formal education methods

knowledge of Human Rights

presentation skills

**improved English** 

usage of computare program

new energizers

learning to learn

acting skills

traditional dances

usage of Prezi software

critical thinking

project management

cultural traditions

information search

### PARTICIPANTS' TESTIMONIALS

Programme of the project "Speak up!" was created greatly! With an amazing trip to mountains, trip to Humenné and cooperation with students of local school, and city game with a lot of emotions and discoveries. - Justinas, Lithuania

I really liked this project. The perfect kind of non-formal learning, discovering Slovakia, and meeting with people who motivated me led to a great week. - Daniela, Romania

> Not only we enjoyed beautiful surroundings but also learned a lot about Human and Children's Rights. I had a chance to get to know different countries, and learned about Erasmus+ programme and Youthpass. I was happy to be there. - Samuel, Slovakia

### WHAT A YOUTH EXCHANGE IS?

Youth Exchanges is an opportunity allowing groups of young people between 13 and 30 years old, from different countries to meet and live together for up to 21 days.

The groups jointly carry out a work programme (workshops, exercises, debates, role-plays, outdoor activities) designed and prepared by the participants before the exchange.

The aim is to make young people develop competences, become aware of socially relevant topics, discover new cultures, habits and life-styles, strengthen values like solidarity democracy, friendship.

Participants' learning experiences are recognised through Youthpass certificate.

Individuals seeking to apply should contact their organisation, institution, or educational establishment.

Sources: https://eurodesk.eu https://ec.europa.eu

# ABOUT FÉNIX

Children's Organisation FÉNIX was established on 5th April 1991 as a civil association of children, youth and adults in order to help children and young people to meaningfully use their leisure time.

The main objective of organisation is to create conditions for children and young people for active, enriching and beneficial leisure. Our aim is to help them learn how to use their free time for the benefit of everyone around, and to move forward.

We are active in the field of leisure activities for children and young people, through regular meetings of interest collectives and various events. We follow principles of non-formal education and experiental pedagogy.

Would you like to become a member or a partner?

INTERNATIONAL@DO-FENIX.SK





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